

FORT LAUDERDALE A1A MARATHON



1/2 MARATHON | 5K | KID'S RACE

2021 Fort Lauderdale A1A Marathon & Half Marathon

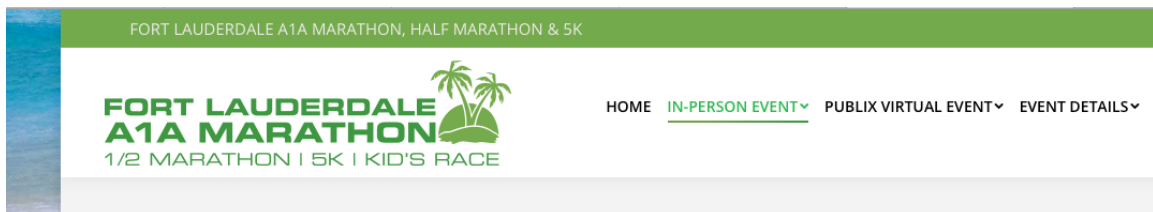
Final Instructions for Participants

First off, Congratulations! You are about to take part in the 16th annual Fort Lauderdale A1A Marathon & Half Marathon! We truly thank you for choosing our event and hope you enjoy the beautiful course and scenery that signifies South Florida!

Below is a list of details and instructions to help you get through your race weekend smoothly. It is organized in a somewhat chronological order from the expo through the end of race day, on Sunday.

*** Much of the info in this document is on the Event Website,
<https://a1amarathon.com>

In Person Event Details can be searched via the drop-Down Menu under **IN-PERSON EVENT**. See image below:



Firstly, **SAFETY IS THE PRIORITY THIS YEAR!!** Please Familiarize yourself with the **Covid Safety Procedures** listed on our website,
<https://a1amarathon.com/covid-safety-measures/>
Masks and distancing will be mandatory at all areas of the event, except while you are running.

In addition to the information in this document please browse our website for more information. Under the **IN-PERSON EVENT** option at the top of the Home page is a Drop-Down menu for all **In Person Event** Details

Packet Pick-Up - The Health & Fitness Expo
Friday & Saturday, February 12-13th
<https://a1amarathon.com/health-fitness-expo/>

Galleria Mall Fort Lauderdale
By the Swarovski, and Altar'd State stores
2414 East Sunrise Blvd.
Fort Lauderdale, FL 33304

Dates and Hours:

- ❖ **Friday, February 12, 2021 – 3pm to 8pm**
- ❖ **Saturday, February 13, 2021 – 10am to 6pm**

***** PLEASE BRING A PHOTO ID/PASSPORT to show volunteers to pick up your packet**

***** PLEASE BRING YOUR CONFIRMATION EMAIL WITH THE QR CODE**
The QR code is specific to you and will ensure the proper bib is given

- ❖ Please note that you **must attend the expo** to pick up your race packets, which will include your performance tech shirt, bib number, timing chip, and goodie bag.
- ❖ Please bring your ID, and the Email with the QR Code to pick up your packet and be prepared to show it to the volunteer staff that will be distributing the race materials.
- ❖ The Half Marathon Runner Numbers will be in alphabetical order by Last Name. Thus, go to the queue that has the first letter of your last name, ie. A-L, M-Z
- ❖ **** If you cannot attend the expo, a family member or friend can pick up the packet on your behalf if you provide them with a **photocopy of your ID**; not a picture on your phone. That is very difficult for us to read and slows up the line. Also forward that person the email with the QR Code.**

- ❖ **VIP PARKING PASS** – If you purchased a Finish Area Bahia Mar VIP Parking Pass, you will need to pick the Pass up at the Expo at the Registration table on the Far Right. Please **BRING THE PASS WITH YOU ON RACE DAY!!**

*** Please note... The Timing Chip is attached to the back of the bib. Do not remove it.

Marathon & Half Marathon Details

Date: Sunday, February 14, 2021

Schedule:

- ❖ <https://a1amarathon.com/parking-map>
- ❖ 4:30am (EST) Start Line Area opens
- ❖ 5:30am (EST) Welcome Address
- ❖ 5:35am (EST) National Anthem
- ❖ 5:45am (EST) Wheelchair Start Time
- ❖ 5:50am (EST) Marathon & Half Marathon Start Time

***** PLEASE PLAN ON ARRIVING EARLY!!! THERE WILL BE TRAFFIC AROUND THE START/FINISH AREA GARAGES! WE RECOMMEND ARRIVING BY 4:30AM.**

***** Start & Finish Line**

Location: 1100 Seabreeze Blvd.
Fort Lauderdale, FL 33316

Course Hours:

Both the Full and Half Marathon Courses will be open for over 6 hours, from 5:45am – 12:00pm. **We ask that all participants begin to line up for the Staggered Start at 5am.** Slower Pace runners/walkers should start towards the back. There are no pre-assigned corrals. We are going to be using the **ENTIRE** beach parking lot to spread everyone out. Please follow the directions of the Staff & Volunteers. Both Marathon & Half Marathon runners will start at the same time and share the same course for the first 8 miles.

*** Obviously, the Courses have changed this year as we are starting & finishing from the same point. PLEASE familiarize yourself with the courses via the web page

below. The Marathon Course features a Loop section this year. Marathon runners will run the loop twice. ***Simply put, Marathon Runners need to go to the top of the course 2 times.***

*** Course Maps are available via the link below for the Marathon & Half Marathon details on the website:

<https://a1amarathon.com/event-details/course-information>

Aid Stations:

There will be Aid Stations at approximately every mile to mile and a half of the course, along with Porto-lets. Each aid station will feature water and BodyArmor electrolyte beverage. We recommend that runners bring their own gels to ensure your proper nutrition. There will be Medical personnel along the course if you require assistance. We will also have ambulances on call if the need arises.

Pace Teams:

There will be Pace Teams available for the Marathon & Half Marathon. The pacers will be located in the Start Line Corral and will be holding signs with the target pace on it. The Pacers will be organized in 15 minute increments: 3:00 hrs., 3:15 hrs., etc. The Runner's Depot Pace Team will also have a booth at the Expo in order to answer questions.

Parking:

We STRONGLY encourage carpooling!! Parking can be a bit tight on the beach area. Please...please, give yourself enough time to park so you are not rushed on race morning. We have listed city owned parking lots on our website at <https://a1amarathon.com/parking-map>. There are also outdoor lots on the south bound side of A1A/Seabreeze Blvd. ***Remember, Carpool if possible!!***

By our Start/Finish Line Area, there are approximately 600 parking spots at the City Parking Garage at, **200 Las Olas Cir, Fort Lauderdale, FL 33316**. The meters will begin at 4:00am. It is about a Half Mile walk to Start/Finish area.

***** The PayByPhone Parking app*** - We strongly recommend participants download the **PayByPhone** parking app. All City of Fort Lauderdale owned garages take payment via the app. This will save you time and stress. Download the app, upload your car and credit card info and you are ready to go. Simply enter the parking location number into the app then follow the instructions. This will allow you to

avoid the pay meters. Additionally, you can add time to your parking if need be from your phone.

Parking Map web page: <https://a1amarathon.com/parking-map>

Unfortunately, there will be *no Gear Check* this year. County Covid guidelines have us reducing many of our Points of Contact. We know this is a inconvenient, but our event permit was contingent upon this.

Age Group Awards:

All awards will be given out based on **Chip Time/Net Time** for each age group category for both male & females. Age Groups categories are for each 5-year increment: 19 & Under; 20-24; 25-29; 30-34, etc. all the way up to 70-74, then 75 and older.

****** THERE WILL BE NO ON-SITE AWARD CEREMONIES THIS YEAR DUE TO COVID.***

If you qualified for an Award there will be a form to submit to claim your award. We will mail directly to your home. Please reach out to us after the event if you qualified for an award.

Timing & Scoring:

We will be using the Bib Chip B-Tag System this year. Your timing chip will be affixed to your bib. It is your responsibility to ensure that your bib is worn with the chip attached. No Chip...No Time. ***Do not remove the chip from the back of the bib!***

Please remember to wear your Bib! No Bib... No Run Time!

Once again, we thank you for choosing to race with us. We are all eager to start outdoor running again. Please be patient this weekend, and just enjoy being at an event! This has been a lot of work and planning for our team... Covid guidelines, redesigning the courses to start & finish in the same location, a new Expo venue. It has been a lot! But the work is worth it to provide an event for our runner customers.

Let's all work together and BE SAFE. The eyes of the running world will be upon us as there have been very few events taking place over the past year. Our job is to show that it can be done, and Safely!

Thanks & To the Start Line!
~ The A1A Team